

Name	Ephesus	Smyrna	Pergamum	Thyatira	Sardis	Philadelphia	Laodicea
Period	To 100	100-313	313-538	538-1560s	1560s -1790s	1790s - 1857	To end
Description of Christ	Holds 7 Stars Walks among 7 lampstands						
Christ Knows		Tribulation Poverty Coming trouble					
Praise/ Commendation			Hold Fast Did not deny				
Rebuke				Tolerates Jezebel Won't repent			
Counsel					Received! Heard! Hold Fast! Repent!		
Warning							
False Jews						Will Worship at your feet	
Promise Reward							Sup with Sit with on My throne